

FIND YOUR GOLD™

Get unstuck so you can live the life you were created for.

Give Yourself Permission

- Allow yourself to explore, create, play, learn, believe, dream, and fail. Make a mindset shift to "yes."
- Ask: *What am I **not** allowing myself to do, or believe, or experience?*

Own your story

- Your story matters. When your story connects to your calling, you become unstoppable.
- Ask: *When do I feel the most "me?" Describe it.*

Lean into the process

- Work to develop your skill, craft, vision—accept being a novice or apprentice, not yet a master.
- Ask: *Does my need to do things "perfectly" prevent me from moving forward? Am I willing to be bad at something while I learn?*

Deliver it

- Your best work (and your best you) can't live in a drawer or closet. It **MUST** be finished and "shipped."
- Ask: *How am holding myself accountable for completing my vision?*

